



2018-2019 Athletic Kickoff

Welcome to the 2018-2019

Amherst Athletic

Student & Parent Meeting



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High School & Middle School Administration

Mr. Anthony Panella- Superintendent of ACSD

High School

Mr. Greg Pigeon- Principal

Mrs. Nan Ables- Assistant Principal

Mr. Scott Lawniczak Dean of Students

Middle School

Dr. John Griesmer- Principal

Mr. Keith Crombie- Assistant Principal



Tonight's Objectives

1. Provide information about the Amherst Athletic Department for the 2018-2019 school year.
1. Communicate expectations for our student athletes and parents.
1. Provide student and parents an understanding of sports sign ups.
1. Define the Amherst Athletic Community Culture and Philosophy of Education Through Athletics.



Introductions

Amherst Tigers Booster Club
Mr. Neil Faller

Guest Speaker
Ms. Ashley Fields



Ashley Fields



- ACHS Alumni (2011)
- National Junior Olympic Champion (200 Meter)
- 2x NYS Champion
- Captain of Baylor University Women's Track & Field Team
- NCAA All American
- All Big 12 Champion
- All Big 12 Academic Team



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High School

Fall

Cheerleading
B & G Cross Country
Field Hockey
Football
Golf
B & G Soccer
G Swimming & Diving
G Tennis
B & G Volleyball

Winter

B & G Basketball
B & G Bowling
Cheerleading
B & G Ice Hockey
B & G Indoor Track
B Swimming & Diving
Wrestling

Spring

Baseball
Softball
B Tennis
B & G Track & Field
B & G Lacrosse



Middle School

Fall

B & G Cross Country
Field Hockey
Football
B & G Soccer
B & G Volleyball
G Tennis

Winter

B & G Basketball
B & G Swimming
Wrestling

Spring

Baseball
Softball
B & G Track & Field
B & G Lacrosse
B Tennis



PARENT/SPECTATOR CODE OF BEHAVIOR/ETHICS

1. Keep cheering positive. There should be no profanity or degrading language/gestures.
2. Avoid actions that might offend visiting teams or individual players.
3. Show appreciation of good play by both teams.
4. Learn the rules of the game in order to be a better-informed spectator.
5. Treat all visiting teams in a manner in which you would expect to be treated.
6. Accept the judgment of coaches and officials.
7. Encourage other spectators to participate in the spirit of good sportsmanship.
8. Avoid the use, abuse and resulting negative influence of drugs, including alcohol and tobacco.



2018-2019 Philosophy

#ONETIGER #MakeItYourOwn

What does ONE **TIGER** Stand for?

Why Make It Your Own?

“Building a strong sense of self lays the foundation for all other aspects and elements that are found in our lives.”





Our Plan

1. Know What You Want:

“When you know what you want and you can see it, you will work hard and persevere in order to achieve it.”

2. Know Your Why:

“When you know your why (purpose) you won’t let obstacles get in your way.”



Our Plan

3. Love It:

“Love powers ALL. If you love what you do, you won’t quit when the world says you should.”

“Success is created by the love you have inside of you, love for what you do, for your team, for the organization you serve, and for the world you want to change. “



Our Plan

4. Embrace Failure:

“Failure is a big part of your path to success. It’s not your enemy. It is your partner in growth. It doesn’t define you; it refines you.”



Our Plan

5. Keep Doing Things the Right Way: Trust the Process:



Our Plan

6. Ignore the Critics; Do the Work:

“Be so invested into your craft that you don’t have time to listen to naysayers.”

“No time for negativity”



No matter what anyone says, just show up and do the work.
If they praise you, show up and do the work.
If they criticize you, show up and do the work.
If no one even notices you, just show up and do the work.
Just keep showing up, doing the work , and leading the way.



AMHERST ATHLETIC FUNDAMENTALS:

Lead with Passion.

Fuel up with Optimism.

Have Faith.

Power up with love.

Maintain hope.

Be stubborn.

Fight the Good Fight.

Refuse to give up.

Ignore the critics.

Believe in the impossible.

Show up.

Do the work.

You'll be glad you did.

TRUE GRIT LEADS TO TRUE SUCCESS!

