



## Amherst Central School District

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Anthony J. Panella  
Superintendent

Jeffrey Wheaton  
Director of Health, Physical Education and Athletics

Dear Amherst Families,

We have received notification from the New York State Public High School Athletic Association (NYSPHSAA), New York State Department of Health (NYSDOH) and the Governor's Office that we may begin a winter season for **moderate and low risk sports only**. We will continue to examine protocols and guidelines as they develop and will plan and communicate accordingly.

**On Monday, November 9th, NYSPHSAA announced the following message:**

“After consulting with state officials today, NYSPHSAA has confirmed low and moderate risk winter sports (bowling, gymnastics, indoor track & field, skiing and swimming & diving) are permitted to be played. NYSPHSAA has established November 30th as the winter sports start date. At this time, authorization has not been provided for high risk sports to begin play. The high-risk sports start date continues to be examined and will be revised if needed but is contingent upon authorization from state officials.”- Dr. Robert Zayas, NYSPHSAA Executive Director

Starting on **November 30th** the Amherst Central School District will offer the following sports and levels:

Varsity Boys & Girls Bowling  
Varsity Boys Swimming & Diving  
Varsity Boys & Girls Indoor Track & Field  
Modified Boys & Girls Swimming & Diving

The sports of Basketball, Cheerleading, Ice Hockey and Wrestling are all currently on pause until further notice. These sports have been identified as “high risk” by the NYSDOH.

The COVID-19 situation continues to develop daily. The Amherst athletic department will continue to plan for a full winter season. With that being said, it is important that all student-athletes have completed the winter sports sign up form and have a current physical/health examination form on file with our school nurse (dated November 2019 or later). Additionally, parents/guardians need to complete all necessary consent paperwork via Aspen Parent Portal. All of these requirements must be met prior to athletic participation. Please visit our athletics webpage for additional sign-up directions and links: [Winter Sports Homepage](#).

Please don't hesitate to contact the athletic department if you have any further questions or concerns.

*Jeff Wheaton*

Director of Health, Physical Education and Athletics