



Amherst Central School District

Anthony J. Panella
Superintendent

Jeffrey Wheaton
Director of Health, Physical Education and Athletics

January 16, 2020

Dear Parent/Guardian:

To begin the Athletic Placement Process (APP) for your child (7th or 8th grade) to play a junior varsity or varsity sport, the following steps must be completed and approved prior to any tryout being conducted. Please note specific deadlines, which must be followed.

1. Return the [Parent/Guardian Permission Form](#) to the Athletic Office no later than **February 3, 2020** in order to **start** the process for the spring season. Mail or email jwheaton@amherstschoos.org or reuben@amherstschoos.org. Forms can be obtained at the Middle School Main Office and/or athletics webpage.
2. Upon parent permission, approval must be granted by the middle school principal, school counselor and junior varsity or varsity sport coach and athletic director for your child to participate. A current physical must be on file (dated 3/1/19 or later) and should note a tanner score. If approved, your child will proceed through the APP process. Letters will be mailed home indicating whether or not your child is permitted to proceed and take part in mandatory physical fitness testing.
3. Approved student will take part in a mandatory physical fitness test on **February 26, 2020** from 4-5:30 pm and/or **March 3, 2020** from 4-5:30 pm held at the Middle School North Gym. Please arrive on time at the start of the session. Student should wear athletic clothing and footwear.
4. If all steps have been completed and approved, your child will have the **opportunity to tryout** for a junior varsity or varsity team. Tryout dates/times will be communicated by the sport coach.

If you have any question please feel free to call the Athletic Office at 362-3020.

Take care,

Jeff Wheaton

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